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Destination Wedding Advice from a Travel Agent

What are your go-to tips for long flights?

Pack a blanket that comes in a bag – you can use the bag to cover the airplane pillow. (Try Donna Karan's version, shown, \$200, donna-karanhome.com.) Healthy snacks, like trail mix, are a must, since airplane food is either prepackaged or pricey. And I always like to study up on my destination. DK Eyewitness Travel Guides are great (shown, us.dk.com).

Any advice for those who decide to make their own travel plans without an agent?

If you can, book well in advance. Sign up for airline and hotel e-blasts, and monitor their Facebook and Twitter pages for deals, too.



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